

AHA! EQ Vibes Summer 2021 Music Program

June 25 – July 30 Friday afternoons 2:30 – 4:00 pm Limited to 15 teens First come, first served

This Music Group will provide music education from a foundation of social-emotional skill and competency building. Youth will learn to express themselves through music, gaining a foundational knowledge of music composition while building self-awareness, self-management, social awareness, relationship skills, and responsible decision making. Close individual attention and deep group trust will enable participants to step out of their comfort zones: first, by trying their hand at playing a full-quality drum set, piano, and guitar, alongside discussions of emotions in music, musical self-care, and finding their personal music personality; and then, through the completion of a final group musical project.

To register or for more information, please contact group lead Brandon Battle, <u>brandonbattle.ahasb@gmail.com</u>.











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