



Attitude. Harmony. Achievement.

## ONE PAGE OF GREAT NEWS FROM AHA!

The news is true—AHA! has had a very successful past year and has enjoyed widespread support and accolades!

*However:* As much as we feel energized by our community's acknowledgement and support, this is no time to rest on our laurels. The intensity and scope of the work we are doing only expands as more support comes through to us.

Now, as much as ever, we need your help in realizing the dream of transforming this community through our work with its amazing teens.

A few exciting updates for our beloved supporters:

### SAVE THE DATE! BUY YOUR TICKETS! IT'S SING IT OUT TIME!

Our most smashing, heart-opening event is coming up soon! **Sing It Out** will take place the evening of Saturday, May 9 in the rotunda at Deckers Brands' headquarters in Goleta. This year, we'll have a famous mystery guest, a fabulous reception, and a bunch of teen performers who will knock your socks off. Get your tickets TODAY at [ahasb.org/sing-it-out/](http://ahasb.org/sing-it-out/).



### AHA! KUDOS

**Dr. Dave Cash**, Superintendent of the Santa Barbara Unified School District: "AHA! has not just hit a home run; it has hit a grand slam with its Peace Builders programs."

### AHA! TEAM GOING STRONG

**Dr. Jennifer Freed** delivered an international webinar on AHA!'s Peace Builders last month. Since then, she has had inquiries for this program from places as far-flung as Florence, Italy, and Africa.

**Dr. Jennifer Freed** and **Rendy Freedman** were honored as Women of Inspiration by Girls Inc., Carpinteria on April 13th.

Over the schools' Spring Break, AHA! brought **Model Mugging**, a national organization, ([www.modelmugging.org](http://www.modelmugging.org)) to deliver a self-defense course in Santa Barbara to 14 girls and one staff member. This marathon 20-hour course was offered in response to the request of four girls who have been sexually assaulted and needed more support and skills to feel safer. Thank you, Model Mugging, for making a special training for our girls; thanks also to **Laguna Blanca School** for donating space, and several AHA! angels who helped underwrite the cost of the program and supply delicious meals for our youth. Mark of Model Mugging told us, "I've never worked with a group of girls who were more connected and supportive of each other."



Passionate about education? Please check out "**AHA! Presents: About Education**," a radio show featuring AHA! Board Member **Neil Kreisel** and **Ben Romo**, Executive Director of First 5 Santa Barbara County. Tune into KZSB AM 1290 on Wednesdays from 2:00-3:00 to listen in live; rebroadcast on Wednesdays at 10 PM and Saturdays at 4 PM. Go to [ahasb.org/about-education/](http://ahasb.org/about-education/) to listen to a one-minute highlight from the show. Thanks to show sponsors Deckers Brands, Union Bank, Coffee Bean & Tea Leaf, and Pierre Lafond/Wendy Foster.